

VITA

Katie Slatton
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EDUCATION

UNIVERSITY OF MONTEVALLO (*Montevallo, Alabama*)

Master of Arts in Education
Cumulative GPA: 3.6/4.0

UNIVERSITY OF MONTEVALLO (*Montevallo, Alabama*)

Bachelor of Science in Kinesiology
Concentration in Health Promotion/ Sports Fitness Management
Magna Cum Laude', Golden Key National Honor Society
Professional Affiliations:

ASAPHERD member, Student Athletic Advisory Committee (1997-1999), Omicron Delta Kappa

CERTIFICATIONS

- Crossfit Level 1
- NCSA certified (July 2011)
- NSCA member (since 2011)
- AFFA member (since 2011)
- Mat Pilates (AFFA, 2012)
- Kickboxing certification (AFFA, 2012)
- ISSA performance nutrition certified
- Yoga Fit trained
- CPR/First Aid certification current
- American Red Cross Instructor: Adult/ Child/ Infant CPR, AED, First Aid (2017)

TEACHING EXPERIENCE: Texas A&M University at Galveston :2003-present

Courses taught

- KINE 120- Science of Basic Health and Fitness
- KINE 198- Health and Fitness
- CPR
- ExFit (2015-present)
- Cardio Conditioning (H.I.T.T.)
- Bootcamp (2004- present)
- Aerobic Running (since 2003)
- Beginning Yoga (since 2007)
- Power Yoga (since 2013)
- Mat Pilates (since 2012)
- Power Pilates (since 2013)
- Sports Conditioning (2014)
- Soccer (2004-20014)
- Basketball (2003-2007)
- Softball (2003-2005)
- Beginning Strength Training (2003-2007)
- Intermediate Strength Training (2003-2007)

- Core Conditioning (2005)
RPTS 301 (2003-2005)

COURSES DEVELOPED

- CPR (2018)
- EXfit (2015)
- Cardio Conditioning (2017)
- Power Yoga (2013)
- Mat Pilates (2012)
- Power Pilates (2013)
- Soccer (2004)
- Bootcamp (2005)

PROFESSIONAL PUBLICATIONS

- Slatton, Katie. “The Science of Basic Health and Fitness”. (2017) KINE 199 courses, TAMUG bookstore, includes: field testing information and data, data on vitals, and pre/post fitness assessment.
- Slatton, Katie. “Challenge Workbook”. (2013) KINE 199 courses, TAMUG bookstore, includes: field testing information and data, data on vitals, and pre/post fitness assessment.
- Slatton, Katie. “KINE 120-Field Guide”. (2014) TAMUG bookstore, includes: field testing data, behavior change/modification worksheets, data on vitals, pre/post fitness assessment, movement analysis, VO₂ experiment, and a dietary analysis project.
- Assisted in 5th edition of the KINE 198 textbook in College Station

UNIVERSITY SERVICE

- New Student Conference break out session speaker for KINE (2017-present)
- GACD Strategic Planning Committee (2014-present)
- Search Committee (Spring 2018)
- Search Committee (GACD/ LIST- 2015)
- Yoga Fridays (for faculty, staff, & students) (2012-2014)
- Gig'em week Yoga (2013,2014)
- Crew Team Nutrition Lectures (since 2010)
- Current Faculty Advisor for Soccer Club, Weight Training Club, Wrestling Club
- Turkey Trot Director (2013)
- Core of Cadets Presentation on VO₂ and 1.5 mile run times
- Academic Advisor
- Presenter at Faculty Forum (2005)
- Presenter at TAMUG Symposium (2009)

OTHER SERVICE

- Alvin ISD School Safety Committee (2018 ongoing)
- K9Kare and SPCA-BC volunteer and foster 100+ hours
- A.C.T.S. member (served as retreatant and team member)
- SCFC soccer coach (2012-2014)
- LC soccer club assistant coach (2012)
- Upward Bound Soccer coach (2009)
- Fun Run Volunteer- Mossman Elementary School (2012-2013)

